DAILY DECIDE

A Thanksgiving plate for everyone

Vegetarian guest menu and ingredient check

Dinner date _____ Serving time _____

1 Agree on what works

Eggs? _____ Dairy? _____ Other ingredients avoided? _____

Discuss allergies separately. This sheet does not establish allergy safety.

2 Plan a whole plate

Dish / recipe source	Who makes it / servings
Main	
Shared side	
Shared side	
Gravy / extras	
Dessert	

3 Check the actual recipes and packages

- ☐ Broth and gravy
- ☐ Bacon, sausage and drippings
- ☐ Eggs and dairy if avoided
- ☐ Gelatin, marshmallows and pastry

Questions still open / who will check _____

4 Make room in the kitchen

Recipe timing / oven or fridge space _____

Requested preparation boundaries / serving utensils _____

Keep ingredient labels available. Confirm changes with the guest before cooking.